

CYCLAMEN

REGION OF ORIGIN

Mediterranean



LIGHT

Thriving in bright, indirect light, Cyclamen bask in the glow of sunny windowsills or well-lit rooms. East-facing windows are ideal. Direct sunlight should be avoided, as it can scorch the leaves.



SOIL

For tropical plants we recommend our Rooted Goods All-Purpose Potting Mix, Uncle Mike's Organic Potting Mix, or Espoma's Organic Potting Mix. All three options are great choices for ensuring healthy growth and thriving plants. Adding perlite will further improve drainage and help to prevent root rot.



WATER

Maintain evenly moist soil, but not soggy, allowing the top inch to dry slightly between waterings. Bottom watering is an effective method to prevent crown rot, avoid getting water on the tuber or the leaves.



FERTILIZER

We recommend fertilizers like Espoma Organic Indoor! Houseplant Food, Jack's Houseplant Special, or Organic Plant Magic. Feed every 2-4 weeks during active growth (fall and winter), reduce or stop fertilizing during dormancy.



TEMPERATURE

Maintain a cozy environment with temperatures ranging between 50-65°F to mimic their native climate. Consistent cool temperatures will encourage prolonged blooming.



ISSUES + FIXES

Watch out for overwatering, pests, and fungal diseases. Ensure proper drainage and airflow to prevent common issues.



PRUNING & PROPAGATION

Remove spent blooms and yellowing foliage to encourage continuous flowering and improve overall plant health.



PET FRIENDLY ?

Cyclamen are toxic to pets if ingested, so keep them out of reach of curious furry friends. Seek immediate veterinary care if a pet ingests Cyclamen.