

MAIDENHAIR FERN

REGION OF ORIGIN

Native to tropical regions



LIGHT

Maidenhair ferns thrive in bright, indirect light. Place the fern near a window with filtered light, such as an east- or north-facing window. Alternatively, use sheer curtains to diffuse sunlight from brighter windows. Avoid direct sunlight, as it can scorch the delicate leaves, causing browning or drying out.



SOIL

For tropical plants we recommend our Rooted Goods All-Purpose Potting Mix, Uncle Mike's Organic Potting Mix, or Espoma's Organic Potting Mix. All three options are great choices for ensuring healthy growth and thriving plants.



WATER

Allow soil surface to dry out between thorough waterings. Never allow soil around roots to dry out. Mist daily with tepid water. Raise humidity as high as possible by either the addition of a humidifier or placing the fern on a tray of wet pebbles.



FERTILIZER

We recommend fertilizers like Espoma Organic Indoor! Houseplant Food, Jack's Houseplant Special, or Organic Plant Magic. These options provide essential nutrients to keep your plants vibrant and thriving.



TEMPERATURE

Maidenhair ferns thrive in temperatures between 60°F and 75°F (15°C to 24°C). They love consistency, so try to keep them in an environment that avoids extreme fluctuations. Avoid placing them near drafts, heaters, or air conditioners, as sudden temperature changes can stress them out.



ISSUES + FIXES

Maidenhair ferns can be prone to fungus gnats, mealybugs, and scale. If spotted treat with natural or chemical remedies. Always use a pot with drainage holes to ensure excess water can escape, to prevent root rot.



PRUNING & PROPAGATION

The most common way Maidenhair ferns are propagated is through division. Simply remove it from the pot and gently divide the root ball in half with either your hands or by cutting it with a sharp knife, best if done on a mature plant and in the warm weather months.



PET FRIENDLY ?

Maidenhair ferns are considered non-toxic to cats and dogs, making them a pet-friendly choice for plant enthusiasts with curious pets.